

Cowgirl 2012 Volleyball Camp

Aug 13-15th



At CCHS

Camp Director Rosie Honl

Camp Director

Rosie Honl has led the CCHS Cowgirls to a state championship 6 years in a row. Rosie has also been named Oregon Coach of the year seven times in 6A 5A 4A class. Rosie has developed two HS programs at Lincoln HS and Crook County HS. Both teams made an appearance at State within three years of her taking over the program. She has started two club programs. Rimrock VBC began with 10 girls and now have over 170 participates. This year Rimrock 18's team has been in platinum division. Over 44 girls have gone on to play in college in the last 11 years.

Rosie has put on volleyball camps for 20 years.

Camp Information

Learn all the fundamentals of volleyball: setting, passing, serving, blocking, digging and all the basic footwork. Plus drills and games that are both challenging and fun for the athlete.

Camp dates are Aug 13-15th

Mail Checks to:

Crook County HS
2582 SE Hill St.
Prineville, Or 97754

8th grade and up -\$85

8:30 AM- Noon

6th grade and under-\$75

1PM -4:00PM

Please bring a water bottle,
Kneepads, healthy snack and
wear shorts and a t-shirts.

No Tank tops!

Registration

School _____

Name _____

Phone _____

Address _____

Grade _____

Email _____

T-shirt Size:

Adult ___S___M___L___

Youth ___S___M___L___XL___

**T-shirt is available ONLY if
registered by June 15th**

Amount Enclosed: \$75 or \$85

Checks to: CCHS VB Camp

Medical Release Form

Name: _____

Medical Ins. Carrier: _____

Policy # _____

I _____ Hereby

authorize my Child's participation in the Cowgirl Volleyball Camp. I know of no mental or physical problems, which may affect my child to safely participate. The camp staff is authorized to attend any health problem or injury my child may incur while attending camp. I understand that my child must have current and active medical insurance before they can attend

camp. Neither my child nor I will hold CCHS or CCSD, or staff at the camp liable for injuries while my child is at camp.

Questions

Call Rosie Honl

Home 541-416-1048

Cell 541-633-3670

jrhonl@msn.com

